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# Fat Old Fred Manikin LF03750U & LF03749U Instruction Manual

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LF03750U

***Life/form***® **Products by Nasco**



**LF03749U**

The first and only CPR manikin to offer the realistic size and appearance of an older, heavier cardiac victim — the kind rescue personnel are most likely to encounter in the field!

Accurate anatomical landmarks and ease of use will make Fat Old Fred a valuable addition to your training program. Sanitary features include individual face inserts, disposable airway system, and a non-rebreathing valve. For added convenience and economy, all internal parts (including the airway system) are fully compatible with the Simulaids Brad™ CPR Manikin.

### **Removing the Used Airway**

1. Remove the face insert and connector from the face cavity.
2. With the manikin face up, pull the overlay skin from the shoulders and fold down. Lift off the sternum piece and foam pad to expose the lung.
3. Tilt the head back and pull out the valve from underneath.
4. Remove and discard the lung and valve.

### **Installing the New Airway**

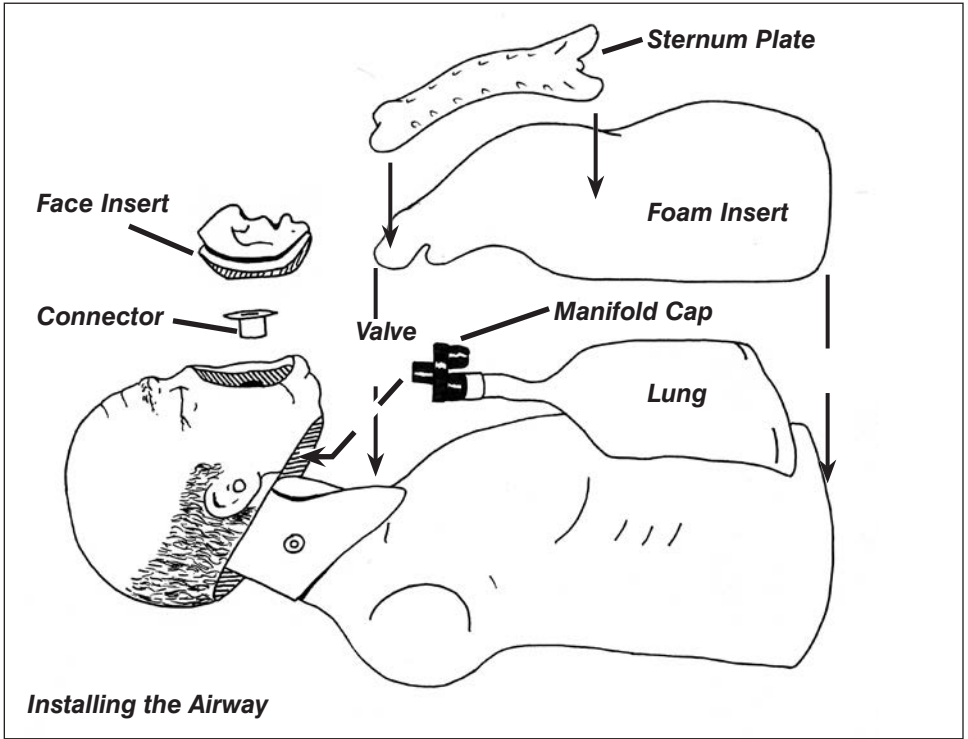
1. Press the red exhaust manifold cap onto the open port of the airway valve, next to the port that is attached to the lung.
2. Tilt the head back and insert the valve stem through the hole in the face from underneath.

**Note:** In order for the simulator to work properly, the airway connection must be toward the bottom of the manikin, with the exhaust manifold above it.

3. Position the connector on top of the face and press onto the valve stem with a twisting motion. Recheck the airway position.
4. Arrange the lung over the chest so that it lies flat.
5. Replace the foam pad, sternum, and the overlay skin.
6. Snap in a clean face insert.

### **Cleaning and Disinfecting**

1. All vinyl parts (overlay skin, body, head, face inserts) may be washed with water and a mild detergent. Do not attempt to wash the foam pad.
2. Nasco recommends disposing of the face inserts after each training session, but they may be reused after thorough cleaning if desired. To reuse:
  - wash carefully in mild soapy water
  - rinse thoroughly
  - disinfect by immersing completely in a solution of 1 teaspoon chlorine bleach in 1 gallon of water — never use undiluted bleach
  - rinse thoroughly



## Replacement Components

### LF03751U

Lung/Airway Systems, pkg. of 24.

### LF03752U

Mouth/Nose Pieces, White,  
pkg. of 10.

### LF03748U

Mouth/Nose Pieces, Black,  
pkg. of 10.

## Other Available *Life/form*® Simulators

- LF00698U** Adult Injectable Arm (White)  
**LF00855U** Male Catheterization  
**LF00856U** Female Catheterization  
**LF00901U** Prostate Examination  
**LF00906U** Ostomy Care  
**LF00929U** Surgical Bandaging  
**LF00957U** Enema Administration  
**LF00958U** Pediatric Injectable Arm  
**LF00961U** Intramuscular Injection  
**LF00984U** Breast Examination  
**LF00995U** Arterial Puncture Arm  
**LF00999U** Pediatric Injectable Head  
**LF01005U** First Aid Arm  
**LF01008U** Intradermal Injection Arm  
**LF01012U** Heart Catheterization (TPN)  
**LF01019U** Ear Examination  
**LF01027U** Peritoneal Dialysis  
**LF01028U** Suture Practice Arm  
**LF01034U** Suture Practice Leg  
**LF01036U** Spinal Injection  
**LF01037U** Hemodialysis Practice Arm  
**LF01038U** Episiotomy Suturing Set  
**LF01042U** Suture Kit  
**LF01062U** Pelvic, Normal & Abnormal  
**LF01063U** Stump Bandaging, Upper  
**LF01064U** Stump Bandaging, Lower  
**LF01069U** Cervical Effacement  
**LF01070U** Birthing Station  
**LF01082U** Cricothyrotomy  
**LF01083U** Tracheostomy Care  
**LF01084U** Sigmoidoscopic Examination  
**LF01087U** Central Venous Cannulation  
**LF01095U** Blood Pressure Arm  
**LF01108U** Infant Intraosseous Infusion  
**LF01121U** Advanced IV Arm  
**LF01131U** Venipuncture and Injection Arm  
**LF01139U** Advanced IV Hand  
**LF01142U** Auscultation Trainer  
**LF01143U** Testicular Exam  
**LF01152U** Male & Female Catheter  
**LF01155U** Advanced CPR Dog  
**LF01162U** Venatech IV Trainer  
**LF01174U** NG Tube & Trach Skills  
**LF01184U** Venatech IM & Sub Q  
**LF01193U** Special Needs Baby  
**LF03000U** **CPARLENE**® Series  
**LF03601U** Adult Airway Management Trainer with Stand  
**LF03602U** Adult Airway Management Manikin  
**LF03609U** Child Airway Management Trainer with Stand  
**LF03616U** Child **CRISis**™ Manikin  
**LF03617U** Deluxe Child **CRISis**™ Manikin with Arrhythmia Tutor  
**LF03620U** PALS Update Kit  
**LF03623U** Infant Airway Management Trainer with Stand  
**LF03632U** Child Intraosseous Infusion/Femoral Access Leg on a Stand  
**LF03633U** Child Airway Management Trainer Torso  
**LF03693U** **Basic Buddy**® CPR Manikin  
**LF03699U** "Airway Larry" Airway Management Trainer  
**LF03709U** Infant **CRISis**™ Manikin  
**LF03720U** **Baby Buddy**™ Infant CPR Manikin  
**LF03750U** Fat Old Fred  
**LF03760U** Airway Management/Cricoid Pressure Trainer  
**LF03770U** Chest Tube  
**LF03953U** **CRISis**™ Manikin, Complete  
**LF03955U** Deluxe **CRISis**™ Manikin  
**LF03956U** Deluxe "Plus" **CRISis**™ Manikin  
**LF03965U** Adult **CRISis**™ Auscultation Manikin  
**LF03966U** Adult **CRISis**™ Auscultation Manikin with ECG Simulator  
**LF04000U** **GERI**™/**KERI**™ Manikin Series  
**LF04200U** Adult Sternal Intraosseous Infusion  
**LF06001U** CPR Prompt® Adult/Child Manikin  
**LF06012U** CPR Prompt® Infant Manikin  
**LF06200U** CPR Prompt® Keychain Rescue Aid  
**LF06204U** CPR Prompt® Rescue and Practice Aid

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